



YOUTH DANCE PROGRAM

Location: Community Activity Center

Creative Movement (CM) (ages 3-4) – Creative activities will introduce the basic elements of dance including rhythm & time, movement qualities & dynamics, space, and use of body. Basic dance vocabulary and concepts will also be introduced at an age appropriate level to prepare students for future participation in any type of structured dance class.

MIN/MAX: 5/10 **No Class March 12 & 26**

Pre-Ballet (Suggested Ages 4½-5) – Classes introduce basic ballet vocabulary and movement skills while building a foundation for future progression in the study of ballet.

Creative Movement pre-requisite. **MIN/MAX:** 5/12

No Class March 12 & 26

Jazz (Ages 6-9) – We are bringing back the Beginner Jazz class and we will explore the fundamentals of jazz dance in the traditional style in a fun and energetic manner.

MIN/MAX: 5/10 **No Class March 29**

Heel to Toe (Ages 3-5)–This class will teach the basics of both ballet and tap dance. Dancers will develop a sense of rhythm as well as body awareness and the space around them. Basic dance vocabulary and concepts will be introduced at an age appropriate level to prepare students for future structured dance class. Students will also engage in fun creative movement and follow-along activities.

MIN/MAX: 5/10 **No Class March 16 & 30**

Ballet 1 & 2 (Suggested Ages 5½-7 and 7½-9) – Classes emphasize the development of classical ballet skills with a focus on proper placement and alignment. Students will learn basic ballet vocabulary through barre and center work while building strength and flexibility. *Pre-Ballet & Ballet I pre-requisite.*

MIN/MAX: 5/12 **No Class March 13 & 27**

Class attire: Girls should wear a black or pink leotard and pink tights and hair pulled back away from face. Ballet I & II hair should be in a bun. Boys should wear a solid color fitted t-shirt and black shorts or leggings.

Footwear: Ballet shoes or tap shoes

Class	Day	Time	Date	Fee	Activity #
Creative Movement	M	4:00-4:30pm	1/22-4/30	\$50	241600-12
Pre-Ballet	M	4:45-5:30pm	1/22-4/30	\$55	241602-12
Jazz	TH	5:45-6:30pm	1/18-3/8	\$40	242600-12
	TH	5:45-6:30pm	3/22-5/17	\$40	242600-13
Heel to Toe	F	11:30am-12:30pm	1/26-5/4	\$60	242602-12
Ballet 1	T	4:15-5:15pm	1/23-5/1	\$60	241603-12
Ballet 2	T	5:15-6:15pm	1/23-5/1	\$60	241604-12

Please visit NormalParks.org for additional program information and online registration.



Parks and
Recreation
Department