



FALL DANCE PROGRAM

Location: Community Activity Center

Creative Movement (CM) I (ages 3-4) – Creative activities will introduce the basic elements of dance including rhythm & time, movement qualities & dynamics, space, and use of body. Basic dance vocabulary and concepts will also be introduced at an age appropriate level to prepare students for future participation in any type of structured dance class. **MIN/MAX:** 5/12

No Class November 20

Pre-Ballet (Suggested Ages 4½-5) – Classes introduce basic ballet vocabulary and movement skills while building a foundation for future progression in the study of ballet. *Creative Movement pre-requisite.* **MIN/MAX:** 5/12

No Class November 20

Ballet 1 & 2 (Suggested Ages 5½-7 and 7½-9) – Classes emphasize the development of classical ballet skills with a focus on proper placement and alignment. Students will learn basic ballet vocabulary through barre and center work while building strength and flexibility. *Pre-Ballet & Ballet I pre-requisite.*

MIN/MAX: 5/12

No Class November 21

Advanced Ballet (Suggested Ages 8+) – This class continues the understanding and development of classical ballet skills on a higher level. Students will have a clearer understanding of learn a wider expanse of ballet vocabulary in conjunction with barre and center work. Students will have a clearer understanding of movement vocabulary and execution. Pre-requisite of Ballet 2 or Instructor approval to be eligible for class.

Ballet II pre-requisite. **MIN/MAX:** 5/12

No Class November 21

Class attire: Girls should wear a black or pink leotard and pink tights and hair pulled back away from face. Ballet I & II hair should be in a bun. Boys should wear a solid color fitted t-shirt and black shorts or leggings.

Footwear: Ballet shoes or tap shoes

Day	Time	Date	Fee	Activity #
Creative Movement				
M	4:00-4:30pm	9/11-12/11	\$50	241600-11
Pre-Ballet				
M	4:30-5:00pm	9/11-12/11	\$50	241602-11
Ballet 1				
T	5:15-6:15pm	9/12-12/12	\$60	241603-11
Ballet 2				
T	6:15-7:15pm	9/12-12/12	\$60	241604-11
Advanced Ballet				
T	7:15-8:15pm	9/12-12/12	\$60	241605-11

Please visit NormalParks.org for additional program information and online registration.

